

When parents divorce - is it always bad for the children?

Not every marriage can last a lifetime, but this doesn't mean, as many anti-divorce commentators would have you believe, that you are automatically condemning your children to a psychological nightmare if you decide to go your separate ways.

While many pundits would have us believe divorce is always bad for children, kids living with parents who appear to hate each other are likely to tell you that seeing them hurl abuse at each other is not a fun situation either.

SPLITTING UP - ACCENTUATE THE POSITIVES, ELIMINATE THE NEGATIVES



POSITIVE

- Parents stop fighting... eventually
- Parents who aren't fighting can give children more focused attention
- Things are less stressful at home so children can focus on school work
- A new partner may mean a new home and new siblings/friends
- There's less stigma about divorce than in the past
- Eventually, both parents and the children can be happy again
- Children can have meaningful relationships with parents in two homes

NEGATIVE

- Parents continue fighting even after they have separated
- Children become distracted and unable to focus
- Reports say children's school work will suffer
- Worrying about what's going to happen, such as a new partner on the scene or a new home
- Children feel guilty and blame themselves for their parents' divorce
- Children become pawns in divorced parents' fighting
- They may develop stress-related ill-health

DIVORCE DOES NOT HAVE TO BE BAD

When you choose an Oratto member divorce solicitor you will be connecting with an experienced practitioner who is likely to have handled many acrimonious and contentious divorce cases. So, whatever your personal circumstances, you can be assured that your lawyer will understand you and your particular situation.



While many reports suggest that children who experience their parents' divorce will be harmed in a number of psychological and emotional ways, it cannot be ignored that children whose parents argue constantly are also left with a lasting legacy of pain and emotional trauma.

The parents may also be, potentially, less able to give children support as effectively as parents who have worked out good parenting strategies while living apart.



80%

Some children adapt well to the divorce of their parents. Research studies show that around 80% suffer no lasting negative effects on school attainment, mental health or social adjustment

Parents DO NOT need to live in the same house to be effective in their children's lives:



Parents should have a good, basic relationship



Parents should be emotionally stable: both parents should exercise fair discipline, provide love, and respond emotionally to a child's needs



Children need safe housing, nutritionally balanced food, and social support, they don't need to be spoiled, these resources can be provided by two parents living in separate homes

FAMILY LAW SOLICITORS WHO ARE RIGHT FOR YOU

Oratto member divorce solicitors and family lawyers can help you if are experiencing relationship breakdown wherever you live in the country. Our members are experts in this field and provide supportive, yet pragmatic and robust legal advice regarding all issues arising from family disputes and relationship breakdown.

Knowing who to turn to during a divorce can be a minefield, but your first port of call to be connected with the most appropriate legal advice for your needs should always be Oratto.